

Sunrise: 6:03am • Sunset: 7:28pm

## SUNDAY, SEPTEMBER 5, 2010

## KETCHIKAN

### BREAKFAST

<b>5:30am</b>	Coffee & Danish	<i>La Playa Grill, 9 Aft</i>
<b>6:00am – 10:30am</b>	Breakfast on Deck	<i>La Playa Grill, 9 Aft</i>
<b>8:00am – 11:30am</b>	Late Risers Breakfast	<i>La Playa Grill, 9 Aft</i>
<b>7:00am – 9:00am</b>	Open Seating	<i>Empire, 2 Aft</i>

### LUNCH

<b>12:00am – 3:00pm</b>	Lunch	<i>La Playa Grill, 9 Aft</i>
<b>11:00pm – 6:00pm</b>	Grill	<i>La Playa Grill, 9 Aft</i>
<b>12:00pm – 1:30pm</b>	Open Seating	<i>Empire, 2 Aft</i>
<b>Taste of Nations</b>	American	<i>La Playa Grill, 9 Aft</i>

### DINNER

Assigned Seating Guests *Empire, 2 & 3 Aft*

Early Dining: 6:00pm **Late Dining: 8:15pm**

#### Your Time Dining™ Guests

Empire Dining Room  
Guests assigned to Your Time Dining are invited to dine when and with whom they choose each evening.

**5:45pm – 9:30pm** *Empire, 3 Aft*

Tonight's dining room attire is **Cruise Elegant**.

Please Note: Gym or basketball shorts, flip-flops, bathing suit attire, cut-off jeans and men's sleeveless shirts are not allowed in the dining rooms.

#### Maitre D' Wine Selection

White: Pinot Grigio, Santa Margarita

Red: Pinot Noir, Mirassou

**Alaskan Fish Special** - Cod Fillet

#### ALTERNATIVE DINING

We are pleased to offer alternative dining venues with varied selections.

**Sushi Bar**  
**5:00pm – 8:15pm** *Sushi, 2 Fwd*

**La Playa Grill**  
**6:00pm – 9:30pm** *La Playa Grill, 9 Aft*

**Deli**  
**11:30am – 11:00pm** *Deli, 9 Aft*

**Mexican Buffet**  
**11:00pm – 12:30am** *La Playa Grill, 9 Aft*

**Open 24 Hours**  
Pizza Bar *La Playa Grill, 9 Aft*  
Coffee, Tea & Ice Cream *La Playa Grill, 9 Aft*  
Room Service *Dial 8000*

### BEVERAGE SERVICE

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

**Today's Drink Special**  
"Alaskan Rain Forest"

**Carnival Signature Cocktail**  
"The Cruiser"

**Ice Chilled Martinis - 16 Flavours**  
4:30pm - 8:30pm *Spirit Atrium, 2 Mid*

**Hot Drink Special**  
"Gluevine" *Canopy Bar, 9 Mid / Fantail Bar, 9 Aft*

**Spirit Master Mixologist - Kate Folk**  
"Honeymooner"

**Fountain Café**  
Latte, Cappuccino or Espresso. Treat yourself to a thick milkshake made-to-order or indulge with a fresh pastry.  
**7:00am - 10:00am & 12:00pm-12:00am***Fountain Café, 2 Fwd*  
**6:30am - 4:30pm** *Lido, 9 Aft*

United States Department of Public Health has determined that eating uncooked or partially cooked poultry, meat, eggs or seafood may present a health risk to the consumer, particularly those who may be more vulnerable.

## FOR YOUR INFORMATION

### MEDICAL CENTER

Phone: 4444

#### Medical Center Hours

8:00am – 8:00pm

#### Doctor's Hours:

8:00am – 11:00am & 3:00pm - 6:00pm

### SMOKING AREAS

Smoking is permitted in the Casino, Casino Bar, Shanghai Piano Bar, Dancin' Dance Club, Champion's Sports Bar and the starboard (right) side of the open deck only. Cigar smoking is only permitted in the Champion's Sports Bar located on Deck 2, Fwd & Fantail Bar located on Deck 9, Aft Starboard side.

### GUEST SERVICES

Feel free to visit us throughout your cruise for general questions information, or to report lost or found items. Open 24 hours a day, located on Deck 2, Mid.

### ON AIR

**Channel 16 - TV Channel Guide**

**Channel 17 - Cruise Director channel**

**Channel 33 - Daily movie - Avatar**

**Channel 34 - Daily movie - The Lovely Bones**

**Channel 35 - Daily movie - Ice Age 2 - The Meltdown**

**Stay in touch with the fun.**

**Follow us on Facebook.com/carnival**

### SHORE EXCURSIONS

Due to local laws in the area of Ketchikan, guests will be unable to book CCL excursions once we have arrived in Ketchikan.

Any guests considering booking tours would be advised to visit guests services or the shore excursions desk tonight (this will be Juneau night) to avoid disappointment

### TIME CHANGE TONIGHT - SUNDAY NIGHT:

Before you go to bed tonight please set your Clocks forward ONE hour.

## OPEN TIMES

<b>Gymnasium</b>	6:00am - 10:00pm	<i>Deck 9, Fwd</i>
<b>Spa Carnival®</b>	8:00am - 10:00pm	<i>Deck 9, Fwd</i>
<b>Towel Hut</b>	8:00am - 8:00pm	<i>Deck 9, Mid</i>
<b>Whirlpools</b>	8:00am - 10:00pm	<i>9, Mid/Fwd</i>

	8:00am - 12:00am	<i>Deck 9, Aft</i>
<b>Swimming Pools</b>	8:00am - 8:00pm	<i>9, Fwd/Aft</i>
	8:00am - 10:00pm	<i>Deck 9, Mid</i>
	8:00am - 8:00pm	<i>Deck 9, Aft</i>

**Formalities** 12:00pm - 6:00pm *Deck 3, Mid*

7:00pm - 10:30pm *Deck 3, Mid*

**Photo Gallery** 1:00pm - 10:30pm *Deck 3, Mid*

**Airbrush Tattoo Artist** 1:00pm - 6:00pm *Deck 9, Mid*

**Casino Slots** 1:30pm - Late *Deck 2, Mid*

**Casino Tables** 1:30pm - Late *Deck 2, Mid*

**The Fun Shops™** 1:30pm - 11:30pm *Deck 3, Mid*

**HELP US GREENIFY:** Carnival Spirit is certified by ISO14001 for the Environmental Management System. Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: **www.carnivalcompliance.com**.

"Carnival's goal is to be the industry leader in environmental excellence."

### TOWEL HUT

Blue Beach Towels, Basketballs, Shuffleboard Equipment, Ping Pong Equipment and Volleyballs are available from the Towel Hut located on Deck 9, Mid from 8:00am - 8:00 pm. Your Sail & Sign® Card number will be taken as a deposit

### BEACH TOWELS

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign® Card account will be billed. If you'd like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

### DECK CHAIRS

In consideration of your fellow guests, the reserving of deck chairs is not permitted. Towels and personal items left on chairs unattended for 30 minutes or more will be removed by the pool attendants and brought to the Towel Hut for safekeeping until you pick them up.

### CELLULAR PHONE SERVICE

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time then ships time. Please always stay on ships time.

### PHONING HOME

Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls. \$6.99 per minute to USA, Canada, Puerto Rico and Caribbean Islands. \$9.99 per minute for international.

### INTERNET CAFE

eMail, surf, blog and tweet at 50% off time usage today between 7pm-9pm. Limited to one session per user, not valid in conjunction with any other promotion and applies to time used only. Please see the Internet Café Manager for details. The Internet Café is located on Deck 3 Fwd, Bow2stern WIFI available.

## OPEN TIMES continued...

<b>Future Cruise Desk</b>	1:30pm - 10:00pm	<i>Deck 2, Fwd</i>
<b>Shore Excursions</b>	2:00pm - 5:00pm	<i>Deck 2, Mid</i>
<b>Art Gallery</b>	6:00pm - 9:00pm	<i>Deck 3, Aft</i>
<b>Internet Cafe</b>	24hrs	<i>Deck 3, Fwd</i>

## GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at Formalities for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband.

## CARNIVAL COMFORT COLLECTION

You know that sweet, sweet serenity you feel while cruising? Let us let you in on a little secret: that was planned. Now you can take that comfy feeling home with you. Check out carnivalcomfortcollection.com for pillows, mattresses, robes and more that can help make even non-vacation life a little more relaxing.

## The CARNIVAL SPIRIT® Team

**CAPTAIN:** Captain Roberto Volpi **CHIEF ENGINEER:** Aniello Esposito

**HOTEL DIRECTOR:** Ron Ness **CRUISE DIRECTOR:** Stuart Dunn

**Safety Message:** Always use stair handrails; Use one hand for you and one hand for the ship.

**Time Change Tonight - Sunday night:** Before you go to bed tonight please set your Clocks forward ONE hour.

## WELCOME TO KETCHIKAN & ELEGANT NIGHT ONBOARD

**IMPORTANT:** Arrival: 7:00am Back Onboard: 12:30pm Carnival Spirit Sets Sail at 1:00pm  
Please make sure that you have your Sail & Sign Card® & Photo ID with you at all time. The Gangway is located Midship. In case of emergency contact CRUISE LINE AGENCIES OF ALASKA: (907) 225-0999

**SUNDAY, SEPTEMBER 5, 2010**

**MORNING**

<b>7:00am</b>	Approximate arrival into Ketchikan ..... Sunrise Stretch ..... <i>Aerobics Studio, 10 Fwd</i> Fab Abs Class..... <i>Aerobics Studio, 10 Fwd</i>
<b>7:30am</b>	
<b>8:00am</b>	Puzzles Available..... <i>Fountain Cafe, 2 Fwd</i>
<b>9:00am</b>	Bridge Players Meet (unsupervised)... <i>Card Room, 2 Fwd</i> Euchre Players Meet (unsupervised).. <i>Card Room, 2 Fwd</i>
<b>10:00am</b>	Morning Trivia..... <i>Fountain Cafe, 2 Fwd</i>

**AFTERNOON**

<b>12:00pm</b>	Bean Bag Toss - Family ..... <i>Lido Stage, 9 Mid</i>
<b>12:30pm</b>	All guests back onboard Sound Clip Trivia ..... <i>Fountain Cafe, 2 Fwd</i>
<b>1:00pm</b>	Carnival Spirit sets sail for Victoria Variety Music..... <i>Fantail Bar, 9 Aft</i> Scrapbookit ..... <i>Artist’s Lobby, 2 Aft</i>
<b>1:30pm</b>	Adult Arts & Crafts ..... <i>Fountain Cafe, 2 Fwd</i> Broadway Trivia..... <i>Deco Lounge, 3 Aft</i>
<b>2:00pm</b>	Lightning Fast Art Auction ..... <i>Versailles Lounge, 1 Fwd</i> Afternoon Trivia ..... <i>Deco Lounge, 3 Aft</i> Eat More to Weigh Less Seminar <i>Aerobics Studio, 10 Fwd</i> Mardi Gras Slot Tournament + ... <i>Louis XIV Casino, 2 Mid</i> Whales Alive presentation ..... <i>Pharaoh’s Palace, 2 Fwd</i> 60 Second Challenge..... <i>Deco Lounge, 3 Aft</i> Ping Pong Tournament - Family ..... <i>10 Fwd</i>
<b>3:00pm</b>	Ballroom Dance Classes ..... <i>Club Cool, 2 Fwd</i> Cocktail music ..... <i>Spirit Atrium, 2 Mid</i> Acupuncture for Back Pain ..... <i>Aerobics Studio, 10 Fwd</i>
<b>3:30pm</b>	6 Game Mardi Gras Bingo..... <i>Pharaoh’s Palace, 2 Fwd</i> Galley Tour ..... <i>Meets In Empire D/R, 2 Aft</i>
<b>4:00pm</b>	Trivia Rumble Sports #3 ..... <i>Deco Lounge, 3 Aft</i> Group Cycling Class + ..... <i>Aerobics Studio, 10 Fwd</i>
<b>4:30pm</b>	Glacier Cold Martinis ..... <i>Spirit Atrium, 2 Mid</i> Trivial Pursuit #3 ..... <i>Deco Lounge, 3 Aft</i>

**EVENING**

<b>5:00pm</b>	Dixieland Jazz Mardi Gras Party ..... <i>Spirit Atrium, 2 Mid</i> Mardi Gras Slot Tournament Final <i>Louis XIV Casino, 2 Mid</i> Karaoke Party ..... <i>Club Cool, 2 Fwd</i> Variety Music..... <i>Deco Lounge, 3 Aft</i>
<b>5:15pm</b>	
<b>7:00pm</b>	Great Guitar Music..... <i>Spirit Atrium, 2 Mid</i>
<b>7:30pm</b>	Friends of Bill W. .... <i>The Chapel, 3 Fwd</i> Friends of Dorothy/GLBT ..... <i>Deco Lounge, 3 Aft</i>
<b>7:45pm</b>	Spot the Fake Amber Drawing. .... <i>Fun Shops, 3 Mid</i>
<b>8:00pm</b>	PG Rated Comedy..... <i>Versailles Lounge, 1 Fwd</i> A Variety of Music ..... <i>Louis XIV Casino, 2 Mid</i>
<b>8:45pm</b>	Showtime (Early Seating)..... <i>Pharaoh’s Palace, 2 Fwd</i>
<b>9:00pm</b>	PG Rated Comedy..... <i>Versailles Lounge, 1 Fwd</i> Piano Sing Along Fun..... <i>Shanghai Piano Bar, 3 Fwd</i> Variety Music..... <i>Club Cool, 2 Fwd</i>
<b>9:30pm</b>	
<b>10:00pm</b>	R Rated Adults Only Comedy... <i>Versailles Lounge, 1 Fwd</i> 90’s music hour 18yrs..... <i>Dancin’ Dance Club, 2 Aft</i> Kids just Wanna Have Fun + 6-8yrs <i>Camp Carnival , 5 Fwd</i> Party On + 9-11yrs ..... <i>Camp Carnival , 5 Fwd</i>
<b>10:30pm</b>	Showtime (Late Seating) ..... <i>Pharaoh’s Palace, 2 Fwd</i>
<b>11:00pm</b>	R Rated Adults Only Comedy... <i>Versailles Lounge, 1 Fwd</i> Adult Disco over 18yrs ..... <i>Dancin’ Dance Club, 2 Aft</i>
<b>24 Hours</b>	Internet Cafe ..... <i>Chippendale’s Library, 3 Fwd</i>  + Fees apply

**TIME CHANGE TONIGHT - SUNDAY NIGHT:**  
Before you go to bed tonight please set your Clocks forward ONE hour.  
**TOMORROW** - Don't miss out as your Cruise Director STU walks you through the in's and outs for the debarkation process Seattle morning. Learn about tips and gratuities, customs rules, Immigration, Self-Assist and Relaxed debarkation. At least one member of each household should attend. 11:00am Pharaoh's Palace.

**TOMORROW** - Your chance to win \$3000 at the most exciting game of bingo this cruise. You could also win another cruise for 2. An outrageous afternoon hosted by your Cruise Director STU.

**\*EMERGENCY CONTACT INFORMATION**  
In case of emergency contact CRUISE LINE AGENCIES OF ALASKA: (907) 225-0999

**GET YOUR GROOVE ON**

**VARIETY MUSIC WITH BRUCE**

1:00pm - 2:00pm *Fantail Bar, 9 Aft*  
5:15pm - 6:15pm & 7:30pm - 8:30pm *Deco Lounge, 3 Aft*

**COCKTAIL MUSIC WITH ANDREA**

3:00pm - 4:30pm *Spirit Atrium, 2 Mid*

**MARDI GRAS DIXIELAND JAZZ**

5:00pm - 6:00pm *Spirit Atrium, 2 Mid*

**ALL AMERICAN COUNTRY WITH PAT**

7:00pm - Late *Spirit Atrium, 2 Mid*

**KARAOKE PARTY WITH JOY**

5:00pm - 9:00pm *Club Cool, 2 Fwd*

**VARIETY MUSIC WITH TAKE TWO**

5:00pm – 8:00am *Louis XIV Casino, 2 Mid*

**SING ALONG PARTY WITH RAMIRO**

8:15pm – Late *Shanghai Piano Bar, 3 Fwd*

**DANCE MUSIC WITH HIGH RISE**

9:30pm - Late *Club Cool, 2 Fwd*

**A VARIETY OF MUSIC WITH JOEL**

9:00pm – 1:00am *Louis XIV Casino, 2 Mid*

**DANCE SOUNDS WITH DJ BERNARD**

10:00pm (90's Music Hour) *Dancin’ Dance Club, 2 Aft*  
11:00pm - Late *Dancin’ Dance Club, 2 Aft*

**HIT THE JACKPOT**

**MARDI GRAS SLOT TOURNAMENT**

Remember, it’s all in the wrist. And if you spin and land on the right number, you could win yourself cash and a fancy new title in our Slot Tournament. + Must be 18 or older.

2:30pm - 5:00pm *Louis XIV Casino, 2 Mid*

**CARIBBEAN STUD POKER**

Our Diamond Edition Jackpot is now over \$45,000.

**CARNIVAL YOUTH EXPERIENCE**

Come by for fun activities, games, & more!

**BABYSITTING**

10:00pm (ages 2–11) *Camp Carnival, 5 Fwd*

**SCAVENGER HUNT**

3:00pm (ages 12–14) *Circle C, 4 Fwd*

**MARDI GRAS PARTY**

11:45pm (ages 15–17) *Club O2, 10 Fwd*

**THE BIG EASY**

Starring: **David, Janae, Brailey & Ling Ling**

& The Carnival Spirit Dancers

Music by Dave Fulton & The Spirit Showband

8:45pm Early Seating *Pharaoh’s Palace, 2 Fwd*  
10:30pm Late Seating *Pharaoh’s Palace, 2 Fwd*

Due to copyright law and safety of the performers, videotaping and photography are strictly prohibited. Strictly no seat saving. Thank You.

**GET IN ON THE ACT**

**GLACIER COLD MARTINIS**

Discover 16 flavours of Martini chilled through a carved iCE slide.  
4:30pm - 8:30pm

*Spirit Atrium, 2 Mid*

**MARDI GRAS PARTY**

Never been to Mardi Gras? Well that’s about to change, because we’re bringing it to the ship. So there will be dancing, bead throwing and a whole lotta fun.

5:00pm - 6:00pm & 7:00pm - 8:00pm

*Spirit Atrium, 2 Mid*

**PLAN ON IT**

**SEE THE SIGHTS OF VICTORIA**

We still have a wide range of shore excursions available for you in Victoria, but hurry - they’re booking up fast. Just come to our Shore Excursion Desk or Guest Services.

2:00pm - 5:00pm *Deck 2, Mid*

**“NOUVEAU” STEAKHOUSE**

We have created a memorable dining experience combining a delicious steakhouse menu with our unique Carnival style. Enjoy mouth-watering USDA prime beef seasoned and char broiled to your exact specifications. Or choose from our fantastic selection of seafood entrees, gourmet appetizers and extensive wine list. A nominal \$30 fee applies. For reservations call 0770.

5:30pm - 9:30pm *Nouveau Steakhouse, 10 Mid*

**FUTURE CARNIVAL VACATIONS**

2 days left to receive the up to \$200 OBC deposit certificate on your future Carnival vacation. Certificate valid for 4 years and you don’t even have to book a cruise today! Plus if you apply for the Fun Points MasterCard you could take Up to \$100 off your bill today. Take advantage of this offer ONLY AVAILABLE ONBOARD and speak to your Loyalty and Cruise Expert Joel.

1:30pm - 10:00pm *Future Cruise Desk , 2 Fwd*

**FORMAL NIGHT**

Tonight is formal night, and we know you want to look your best. So make your hair appointment now and be the belle of the ball. Book early to avoid disappointment #0700.

8:00am - 10:00pm *Spa Carnival, 9 Fwd*

**THE PUNCHLINER COMEDY CLUB**

Now offering more comedy than ever before.....

8:00pm - PG Rated (All Ages) **PAUL LYONS JeROME**

9:00pm - PG Rated (All Ages) **PAUL LYONS JeROME**

10:00pm - R Rated (18yrs +)  
11:00pm - R Rated (18yrs +)  
All shows performed in *Versailles Lounge, 1 Fwd*  
All guests must be 18 years and older to attend.

**SHOP TO IT**

**DESIRE COCKTAIL RING SPECIAL**

Want to make your fingers happy without upsetting your wallet? Get Desire cocktail rings all for 50% off and sold exclusively onboard.

*Fun Shops, 3 Mid*

**PHOTO TIME: ELEGANT**

It’s not often you dress up in your finest digs. Let us capture the moment - give us your best smile and say “cheese!”

4:30pm - 6:00pm, 7:15pm - 8:30pm & 9:30pm - 10:30pm *Photo Gallery, 3 Mid*

**DRESS TO IMPRESS**

We can help you dress to impress with corsages and boutonnières, plus champagne, wine and roses. Even better than prom.

12:00pm – 7:00pm & 7:00pm – 10:30pm *Formalities, 3 Mid*

**SHOPPING SPECIALIST**

Become a shopping master (as if you aren’t already). Learn all about the fabulous shops onboard Deck 3. See your Destination Shopping Specialist Kathryn from 1:30pm -3:00pm In the Gift Shops.