

MONDAY, SEPTEMBER 13, 2010

SEADAY

BREAKFAST

6:30am	Coffee & Danish	<i>La Playa Grill, 9 Aft</i>
7:00am – 10:30am	Breakfast on Deck	<i>La Playa Grill, 9 Aft</i>
8:00am – 12:00pm	Late Risers Breakfast	<i>La Playa Grill, 9 Aft</i>
8:00am – 10:00am	Open Seating	<i>Empire, 2 Aft</i>

LUNCH

11:00am – 6:00pm	Grill	<i>La Playa Grill, 9 Aft</i>
12:00pm – 2:30pm	Lido Lunch	<i>La Playa Grill, 9 Aft</i>
12:00pm – 1:30pm	Open Seating	<i>Empire, 2 Aft</i>
Taste of Nations	Chocolate	<i>La Playa Grill, 9 Aft</i>

DINNER

Assigned Dining Guests *Empire, 2 & 3 Aft*

Early Dining: 6:00pm **Late Dining: 8:15pm**

Your Time Dining™ Guests

Empire Dining Room
 Guests assigned to Your Time Dining are invited to dine when and with whom they choose each evening.

5:45pm – 9:30pm *Empire, 3 Aft*

Tonight’s dining room attire is **Cruise Casual**
 Please Note: Gym or basketball shorts, flip-flops, bathing suit attire, cut-off jeans and men’s sleeveless shirts are not allowed in the dining rooms.

Maitre D’ Wine Selection

White: Pinot Grigio, Santa Margarita
 Red: Pinot Noir, Mirassou

Alaskan Fish Special - Coloubiac Salmon

ALTERNATIVE DINING

We are pleased to offer alternative dining venues with varied selections.

Sushi Bar
5:00pm – 8:15pm *Sushi, 2 Fwd*

La Playa Grill
6:00pm – 9:30pm *La Playa Grill, 9 Aft*

Deli
11:00am – 11:00pm *Deli, 9 Aft*

Late Night Bistro
11:30pm – 1:00am *La Playa Grill, 9 Aft*

Open 24 Hours
 Pizza Bar *La Playa Grill, 9 Aft*
 Coffee, Tea & Ice Cream *La Playa Grill, 9 Aft*
 Room Service *Dial 8000*

BEVERAGE SERVICE

You must be at least 21 years old to be served alcohol on board. Proper identification with birth date is required.

Today’s Drink Special
 “Blue Margarita”

Morning Special
 “Bloody Mary’s, Mimosas & Screw Drivers” *Pool Bar, 9 Mid*

Hot Drink Special
 “Cognac” *Canopy Bar, 9 Mid / Fantail Bar, 9 Aft*

Sangria Party
 Time to try 6 different kinds of Sangria
4:00pm - 7:30pm *Spirit Atrium, 2 Mid*

Master Mixologist - Kate Folk
 “Honeymooner”

Fountain Café
 Latte, Cappuccino or Espresso. Treat yourself to a thick milkshake made-to-order or indulge with a fresh pastry.
7:00am - 12 midnight *Fountain Café, 2 Fwd*
6:30am - 4:30pm *Lido, 9 Aft*

United States Department of Public Health has determined that eating uncooked or partially cooked poultry, meat, eggs or seafood may present a health risk to the consumer, particularly those who may be more vulnerable.

FOR YOUR INFORMATION

MEDICAL CENTER *Deck A Fwd*
Phone: 4444
Medical Center Hours
 8:00am – 8:00pm
Doctor’s Hours:
 8:00am – 11:00am & 3:00pm - 6:00pm

SMOKING AREAS

Smoking is permitted in the Casino, Casino Bar, Shanghai Piano Bar, Dancin’ Dance Club, Champion’s Sports Bar and the starboard (right) side of the open deck only. Cigar smoking is only permitted in the Champion’s Sports Bar located on Deck 2, Fwd & Fantail Bar located on Deck 9, Aft Starboard side.

GUEST SERVICES

Feel free to visit us throughout your cruise for general questions information, or to report lost or found items. Open 24 hours a day, located on Deck 2, Mid.

A SPECIAL THANK YOU

We sincerely hope that you have enjoyed every aspect of the service during your cruise. A special thanks for your gracious acknowledgment of your cabin and dining service teams. As a reminder, gratuities were posted to your Sail and Sign® accounts. If you have enjoyed the Services and the fun in the dining room, it’s thanks to your Maitre D’. Although your Maitre D’ is not included in the posted amounts, it is customary to extend a gratuity. Envelopes have been provided for you in your stateroom! Maitre D is Fernando.

ON AIR

Channel 16 - TV Channel Guide
Channel 17 - Cruise Director channel
Channel 33 - Daily movie - Brightstar
Channel 34 - Daily movie - Did you hear about the Morgans
Channel 35 - Daily movie - Dr. Seuss - Horton Hears Who

Stay in touch with the fun.
Follow us on Facebook.com/carnival

OPEN TIMES

Gymnasium	6:00am - 10:00pm	<i>Deck 9, Fwd</i>
Towel Hut	8:00am - 8:00pm	<i>Deck 9, Mid</i>
Spa Carnival®	8:00am - 10:00pm	<i>Deck 9, Fwd</i>
Whirlpools	8:00am - 10:00pm	<i>9, Mid/Fwd</i>
Swimming Pools	8:00am - 8:00pm	<i>9, Fwd/Aft</i>
	8:00am - 10:00pm	<i>Deck 9, Mid</i>
Casino Slots	8:00am - Late	<i>Deck 2 Mid</i>
Formalities	9:00am - 1:00pm	<i>Deck 3, Mid</i>
Photo Gallery	9:00am - 11:00pm	<i>Deck 3, Mid</i>
The Fun ShopsSM	9:00am - 11:30pm	<i>Deck 3, Mid</i>
Full Casino	10:00am - Late	<i>Deck 2 Mid</i>
Loyalty/Cruise Expert	10:00am - 10:00pm	<i>Deck 2, Mid</i>
Airbrush Tattoo Artist	10:00am - 4:00pm	<i>Deck 9, Mid</i>
Shore Excursions	12:00pm - 1:30pm	<i>Deck 2, Mid</i>
Formalities	3:00pm - 7:00pm	<i>Deck 3, Mid</i>

HELP US GREENIFY: Carnival Spirit is certified by ISO14001 for the Environmental Management System. Please help us to Save Energy, Conserve Water & Reduce/Recycle Waste for a Sustainable Environment. For all environmental concerns, please contact 1-305-406-5863 (international); 1-888-290-5105 (North America); or 4ENV(4368) from your ship phone. Environmental Compliance web site: **www.carnivalcompliance.com**.
 “Carnival’s goal is to be the industry leader in environmental excellence.”

BEACH TOWELS

Please remember to return the Carnival Beach Towel or Bathrobe to your Stateroom Steward or your Sail & Sign® Card account will be billed. If you’d like to purchase one as a souvenir, your Stateroom Steward will be happy to deliver a new one. Just ask.

DECK CHAIRS

In consideration of your fellow guests, the reserving of deck chairs is not permitted. Towels and personal items left on chairs unattended for 30 minutes or more will be removed by the pool attendants and brought to the Towel Hut for safekeeping until you pick them up.

CELLULAR PHONE SERVICE

Stay connected out at sea using your cellular phone. International rates apply. Please remember that your cellular phone may show a different time then ships time. Please always stay on ships time.

PHONING HOME

Consult your stateroom directory for dialing instructions. Charges apply to all calls including 1-800 calling cards, credit cards and collect calls. \$6.99 per minute to USA, Canada, Puerto Rico and Caribbean Islands. \$9.99 per minute for international.

INTERNET ACCESS - 24 HOURS

Don’t stand in line, check in online, choose your seats and print your boarding passes in the Internet Café on deck 3 Fwd. Please note the deadline to purchase any additional Internet minutes is tonight at 10 pm. Time Plan minutes can be used until you disembark tomorrow. Printing is available for guests who wish to log on and print boarding passes. We wish you safe travels.

OPEN TIMES continued....

Formalities	8:00pm - 10:30pm	<i>Deck 3, Mid</i>
Art Gallery	6:00pm - 9:00pm	<i>Deck 3, Aft</i>
Internet Cafe	24hrs	<i>Deck 3, Fwd</i>

FUTURE CARNIVAL VACATIONS®

LAST CHANCE to receive the up to \$200 onboard credit deposit certificate on your future Carnival vacation. Certificate valid for 4 years, and you don’t even have to book a cruise today! Take advantage of this offer ONLY AVAILABLE ONBOARD and speak to your Loyalty and Cruise Expert Joel.

10:00am - 10:00pm (Desk Hours) *Loyalty & Cruise Desk, 2 Fwd*

MASTERCARD WITH FUNPOINTS

Stop by to sign up for your very own Carnival MasterCard with FunPoints® and be approved instantly. Finishing this cruise, with all your onboard purchases earning you double FunPoints redeemable towards purchase of a cruise, onboard gifts or on-board credits. You can even earn enough points for a \$50 credit towards your next credit card statement.

10:00am - 10:00pm *Loyalty & Cruise Desk, 2*

The CARNIVAL SPIRIT® Team

CAPTAIN: Captain Roberto Volpi **CHIEF ENGINEER:** Aniello Esposito

HOTEL DIRECTOR: Ron Ness **CRUISE DIRECTOR:** Stuart Dunn

Safety Message: Drying off after using the pool helps prevent slip and fall accidents

A FUN DAY AT SEA CRUISING THE INSIDE PASSAGE

IMPORTANT: Don’t miss out as your Cruise Director STU walks you through the in’s and outs for the debarkation process in Vancouver. Learn about tips and gratuities, customs rules, Immigration, and debarkation. All guests should attend.

MONDAY, SEPTEMBER 13, 2010

MORNING

7:00am Sunrise Stretch Class..... *Aerobics Studio, 10 Fwd*

7:30am Yoga Your Way to Peace +.....*Aerobics Studio, 10 Fwd*

8:30am Pilates Class +*Aerobics Studio, 10 Fwd*

9:00am Adult Arts & Crafts *Fountain Cafe, 2 Fwd*
Ballroom Dance Classes*Club Cool, 2 Fwd*

10:00am Super Team Trivia..... *Pharaoh’s Palace, 2 Fwd*
Puzzles Pages*Fountain Cafe, 2 Fwd*
Bridge Players Meet (Unsupervised) .. *Card Room, 2 Fwd*
Euchre Players Meet (Unsupervised) . *Card Room, 2 Fwd*
Detox for Health & Weight Loss *Aerobics Studio, 10 Fwd*

10:30am \$500 Cheapo Bingo..... *Pharaoh’s Palace, 2 Fwd*
Ping Pong Tournament.....*Deck, 10 Fwd*

11:00am Debarkation Talk *Pharaoh’s Palace, 2 Fwd*
2010 Carnival Pokerpro Challenge *Louis XIV Casino, 2 Mid*
Triathlon: Fun Challenge *Fountain Cafe, 2 Fwd*

11:45am Showcase of Stars Sign Ups.... *Pharaoh’s Palace, 2 Fwd*
Acupuncture for Pain & Digestion *Aerobics Studio, 10 Fwd*

AFTERNOON

12:00pm Decade Trivia: 80’s.....*Fountain Cafe, 2 Fwd*
Designer Watch Sale.....*Gift Shop, 3 Mid*

12:30pm Digital Scavenger Hunt.....*Fountain Cafe, 2 Fwd*

1:00pm Slot Tournament + *Louis XIV Casino, 2 Mid*
Beary Cuddly +*Camp Carnival, 5 Fwd*
Bean Bag Toss 16yrs & up*Spirit Atrium, 2 Mid*

1:30pm Grand Finale Art Auction *Versailles Lounge, 1 Fwd*
Chicken Olympics *Lido Stage, 9 Mid*

2:00pm A Ships Life with STU.....*Club Cool, 2 Fwd*
Variety music.....*Spirit Atrium, 2 Mid*
Secrets to a Flatter Stomach.....*Aerobics Studio, 10 Fwd*

2:30pm Towel Folding Demonstration ... *Pharaoh’s Palace, 2 Fwd*

3:00pm \$3000 Bingo + *Pharaoh’s Palace, 2 Fwd*
Ballroom Dance Classes*Club Cool, 2 Fwd*

3:30pm Win A Cruise Raffle Drawing..... *Pharaoh’s Palace, 2 Fwd*

Slot Tournament Final *Louis XIV Casino, 2 Mid*
Tea Time*Artist’s Lobby, 2 Aft*
Galley Tour*Meets In Empire D/R, 2 Aft*
Adult Arts & Crafts*Fountain Cafe, 2 Fwd*

4:00pm 6 Varieties of freshly made Sangria.... *Spirit Atrium, 2 Mid*
Triathlon: Sports #4*Deco Lounge, 3 Aft*
Group Cycling Class +*Aerobics Studio, 10 Fwd*
Friends of Bill W. Meet..... *Chapel, 3 Fwd*

4:15pm Groove For St. Jude.....*Dancin’ Dance Club, 2 Aft*
Kids Talent Show*Club Cool, 2 Fwd*

4:30pm Trivial Pursuit #4*Deco Lounge, 3 Aft*

EVENING

5:00pm Fun Farewell..... *Pharaoh’s Palace, 2 Fwd*
Gift Basket Drawing*Gift Shop, 3 Mid*

7:00pm PG Rated Comedy..... *Versailles Lounge, 1 Fwd*

7:30pm Friends of Dorothy (GLBT).....*Deco Lounge, 3 Aft*

8:00pm PG Rated Comedy..... *Versailles Lounge, 1 Fwd*

8:30pm Trivia*Fountain Cafe, 2 Fwd*
Big Screen Movie..... *Versailles Lounge, 1 Fwd*

9:00pm R Rated Adults Only Comedy... *Versailles Lounge, 1 Fwd*
Karaoke Fun*Artist’s Lobby, 2 Aft*

9:15pm Famous Faces*Fountain Cafe, 2 Fwd*

9:30pm We Pay Off Your Sail & Sign Bingo *Pharaoh’s Palace, 2 Fwd*

10:00pm Showcase of Stars..... *Pharaoh’s Palace, 2 Fwd*

11:00pm R Rated Comedy *Versailles Lounge, 1 Fwd*
Adult Disco over 18yrs*Dancin’ Dance Club, 2 Aft*

12:00am R Rated Adults Only Comedy... *Versailles Lounge, 1 Fwd*

24 Hours Internet Cafe*Chippendale’s Library, 3 Fwd*

+ Fees apply

GET YOUR GROOVE ON

VARIETY MUSIC WITH BRUCE

5:00pm - 9:00pm *Deco Lounge, 3 Aft*

BEAUTIFUL PIANO WITH ANDREA

3:30pm - 4:30pm *Artist’s Lobby, 2 Aft*
2:00pm - 3:00pm & 5:00pm - 6:00pm *Spirit Atrium, 2 Mid*

GREAT GUITAR MUSIC WITH PAUL

7:15pm - Late *Spirit Atrium, 2 Mid*

KARAOKE FUN WITH JOY

9:00pm - Late *Artist’s Lobby, 2 Aft*

VARIETY MUSIC WITH TAKE TWO

8:00pm - Late *Louis XIV Casino, 2 Mid*

SING ALONG PARTY WITH RAMIRO

9:00pm – Late *Shanghai Piano Bar, 3 Fwd*

DANCE MUSIC WITH HIGH RISE

8:00pm - Late *Club Cool, 2 Fwd*

DANCE SOUNDS WITH DJ BERNARD

10pm - 11pm Slow Dance Hour *Dancin’ Dance Club, 2 Aft*
11:00pm - Late *Dancin’ Dance Club, 2 Aft*

HIT THE JACKPOT

SLOT TOURNAMENT

It’s all in the wrist! Land on the right reel combinations and you could win yourself some cash and a fancy new title in our slot tournament. Must be at least 18 years of age to participate. +

1:00pm - 3:30pm *Louis XIV Casino, 2 Mid*

CASH OUT BEFORE YOU SLIP OUT

Important Reminder to Slot and Poker Players: Don’t forget to cash out at the casino cashier desk before the casino closes tonight. Have chips to cash in? See the casino cashier before the casino closes tonight. Tomorrow will be too late.

CARNIVAL YOUTH EXPERIENCE

Come by for fun activities, games, & more!

FUNSHIP FREDDY TIME

11:00pm (2 - 8 yrs) *Camp Carnival, 5 Fwd*

FAREWELL PARTY

11:30Pm (ages 12–14) *Circle C, 4 Fwd*

GRAFFITI PARTY

11:00pm (ages 15–17) *Club O, 10 Fwd*

SHOWCASE OF STARS

Hosted by Special guest:

The 1976 King of Rollerdisco

“ROLAND ROLLERDERBY”

Starring: **YOUR FELLOW GUESTS**

10:00pm *Pharaoh’s Palace, 2 & 3 Fwd*

GET IN ON THE ACT

SHOWCASE OF STARS SIGN UP

To participate in Tonight’s Showcase of Stars, you must first register with the Entertainment Staff today at 11:45am. Then rehearsals will follow at Noon. Due to limited time, we only take the first 6 acts to sign up for tonight’s show. If more that 6 acts are present, a drawing will be held to determine participants. No comedians, tap dancers or lip syncs please. 16 yrs or older.

11:45am

Pharaoh’s Palace, 2 Fwd

SHOP TO IT

LAST PHOTO OP

So it turns out, memories can fit into a frame. This is your last chance to purchase portraits for your family, so make them count.

9:00am - 11:00pm *2 & 3 Mid*

DESIGNER WATCH SALE

You don’t want to be late for this sale. Get wrist watches for one low price.

9:00am - 11:30pm

12:00pm - 1:00pm Sale Starts *Fun Shops, 3 Mid*

The Fun Shops will close at approximately 2:30pm when the ship enters Canadian waters.

FORMALITIES

Wine packages, Tux Rental, Beer Coolers, Roses, Cakes, Candy & Champagne Packages.

9:00am – 1:00pm & 3:00pm - 7:00pm &
8:00pm - 10:30pm *Formalities, 3 Mid*

SHOPPING ASHORE

Become a shopping master (as if you aren’t already). Learn all about the fabulous bargains in the Fun Shops on Deck 3. See your Destination Shopping Specialist Kathryn for last minute deals, from 4:00pm - 5:00pm and be there for the live raffle at 5:00pm.

1. DEBARKATION TALK

Don’t miss out as your Cruise Director STU walks you through the in’s and outs for the debarkation process in Vancouver. Learn about tips and gratuities, customs rules, Immigration, and debarkation. All guests should attend.

11:00am *Pharaoh’s Palace, 2 Fwd*

2. GLASS FIGURINE SALE

Hit up our glass figurine sale and find that perfect something to decorate your home. Pick up two nautically-inspired souvenirs for one low price.

9:00am - 11:30pm *The Fun Shops, 3 Mid*

3. SUPER TEAM TRIVIA WITH ALEXIS

Daily trivia, same time, same place. We’ll keep asking and you can keep guessing. The more brains, the higher the odds of victory, so recruit your friends!

10:00am *Pharaoh’s Palace, 2 Fwd*

4. \$500 CHEAPO BINGO & \$3000 BINGO

All for the one crazy low price. Great prizes and fun with our resident Fun Patrol. Instant Scratch tickets available at all bingo sessions

10:30am (\$500 Cheapo Bingo) *Pharaoh’s Palace, 2 Fwd*

3:00pm (Could win up to \$3000) *Pharaoh’s Palace, 2 Fwd*

3:30pm (Win A Cruise Raffle Draw)*Pharaoh’s Palace, 2 Fwd*

9:30pm Pay Off Your Sail & Sign *Pharaoh’s Palace, 2 Fwd*

5. A SHIPS LIFE WITH STU

Get the lowdown on this big honkin’ ship with our ship Q & A. Come with questions, leave a savvy sailor

2:00pm *Club Cool, 2 Fwd*

6. IONITHERMIE WEIGHT LOSS

Want to learn one of the best ways to lose inches, reduce unwanted cellulite, and detoxify the body? Then stop by or call spa to learn about our Ionithermie detox treatment for women and men.

8:00pm - 10:00pm *Spa Carnival, 9 Fwd*

7. TOWEL FOLDING DEMONSTRATION

Like that warm, fluffy welcome in your stateroom? Join us for this fun interactive demonstration.

2:30pm *Pharaoh’s Palace, 2 Fwd*

8. GROOVE FOR ST. JUDE

Do good. Feel good. And help some kids – also good, right? Grab your groove thang and sign up at Formalities for this special dance event. A \$10 donation to St. Jude gets you a T-shirt and wristband.

4:15pm *Dancin’ Dance Club, 2 Aft*

9. 2010 CARNIVAL POKERPRO CHALLENGE

Are you our next Texas Hold’em Champion? Take the Challenge for your share of \$75,000 in Guaranteed Prize Money!

11:00am *Louis XIV Casino, 2 Mid*

10. GRAND FINALE ART AUCTION

This is it; your last chance to play games, win prizes, bid on art and drink complimentary champagne. Does that sound like something you’d want to miss? Didn’t think so.

1:30pm *Versailles Lounge, 1 Fwd*